

25th
Anniversary



Celebrate

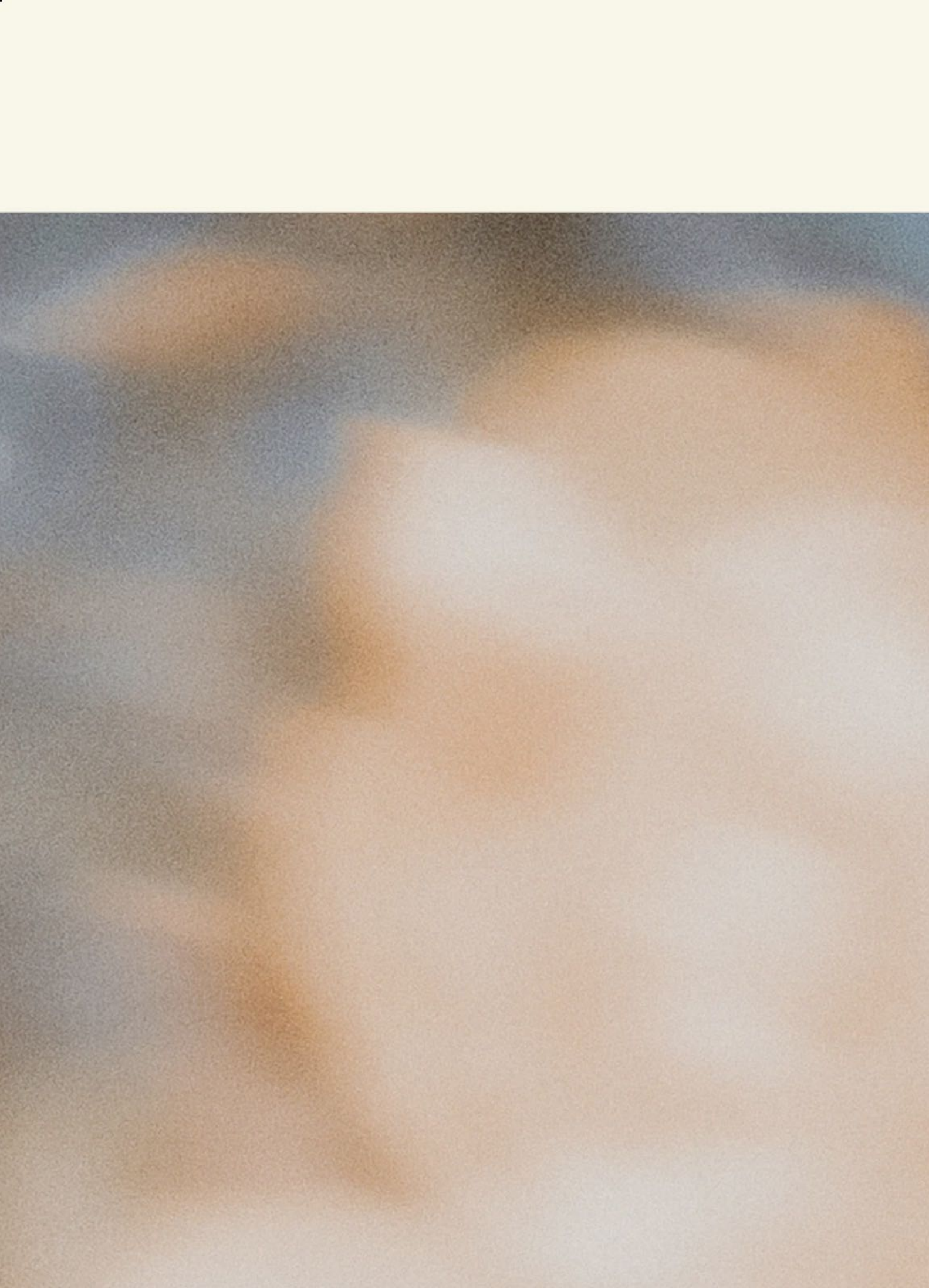




Table of Contents

02	Director's Message
03	Our Vision & Mission
04	2025 Highlights
08	Our Community Programs
12	CSR Engagement & Volunteerism
18	Volunteerism Programs
19	Our Gratitude
20	Financial Highlights
22	Why Donate



Darick Wong

Director's Message 总监致辞

“HOPE IS NOT THE BELIEF THAT THINGS WILL TURN OUT WELL, BUT THE CONVICTION THAT WHAT WE DO MATTERS.”

Vaclav Havel, Czech writer, playwright, and statesman

As we move into 2025, HOPE *worldwide* Malaysia remains committed to inspiring Great HOPE among the B40 and marginalised communities across the nation. Our work continues to focus on restoring dignity, strengthening resilience, and creating opportunities for individuals and families to flourish.

This year, our urban farming initiatives have played a vital role in improving food security for vulnerable communities, while also providing meaningful engagement opportunities for corporate and community volunteers. These shared efforts not only meet practical needs but also build stronger, more compassionate communities.

We continue to place strong emphasis on mental wellness, supporting youth and families through programs that promote emotional resilience, well-being, and hope. At the same time, our STEAM education programs, including robotics and digital learning, equip children and youth from low-income families with future-ready skills, helping to bridge opportunity gaps and unlock potential.

None of this would be possible without the generosity and partnership of our donors, corporate partners, volunteers, and supporters. Your commitment enables us to empower both the young generation who serve as volunteers and those who benefit from our programs.

Together, we are building a future where hope is lived out through action.

希望并不是相信事情一定会有好的结果，而是坚信我们所做的事情具有意义。”

瓦茨拉夫·哈维尔 (Vaclav Havel)
捷克作家、剧作家及政治家

迈入2025年，HOPE *worldwide* Malaysia 继续致力于在全国各地的B40及边缘化群体中传递伟大的希望。我们的工作始终专注于恢复人的尊严、增强社区韧性，并为个人与家庭创造能够蓬勃发展的机会。

今年，我们的城市农业项目在提升弱势社区粮食安全方面发挥了重要作用，同时也为企业和社区志愿者提供了有意义的参与机会。这些共同努力不仅满足了实际需求，也建立更加紧密和充满关怀的社区。

我们也持续重视心理健康，通过各类项目支持青年与家庭，促进情绪韧性、身心健康与希望。同时，我们的STEAM教育项目，包括机器人与数码学习课程，正在为来自低收入家庭的儿童与青年提供面向未来的技能，帮助缩小机会差距并释放他们的潜能。

这一切都离不开捐赠者、企业伙伴、志愿者及支持者的慷慨与合作。正是因为有你们的支持，我们能激励年轻一代的志愿者，也帮助那些从我们的项目中受益的人群。

携手同行，我们正通过实际行动，共同建设一个充满希望的未来。

Our Vision

**Inspire
greater
hope.TM**

Our Mission

A grassroots approach enabling corporate fundings through a community of dedicated staff and volunteers to deliver sustainable, high impact, result driven community services to the poor and needy.

我们的远景

激发更大的希望

我们的使命

透过专职的员工
和志愿工作者，
提供持久性，
冲击力强和
社区服务性质
的济贫计划。

WE ARE 25

SENTUL FREE CLINIC OF HOPE



For the past 25 years, Sentul Free Clinic of HOPE has been a cornerstone of accessible healthcare for underprivileged communities. Sustained entirely through public fundraising, the clinic reflects the enduring power of community support and volunteerism in addressing unmet healthcare needs.

The clinic provides free medical consultations and free medication, made possible by dedicated doctors who serve consistently three times a week—Tuesday, Thursday, and Saturday. Their unwavering commitment ensures continuity of care for patients who might otherwise have limited or no access to primary healthcare services. Supporting the medical team are two dedicated clinic assistants, Moon and Pam, whose roles extend far beyond clinical tasks. They oversee medication dispensing, patient record management, inventory control, clinic



upkeep, and day-to-day operations, ensuring the clinic functions efficiently and responsibly despite limited resources.

The continued operation of Sentul Free Clinic HOPE would not be possible without the selfless service of doctors and clinic assistants, as well as the generosity of donors who have sustained this initiative for over two decades. Together, they have enabled the clinic to remain a reliable source of care, dignity, and hope for the community surrounding Sentul.



Dr. Peter Gan Kim Soon



Deep love for charity work influenced by his mom

Since 2013, Dr. Peter has faithfully served with Sentul Free Clinic of HOPE, bringing compassion, expertise, and hope to communities in need. In 2026, we celebrate an inspiring milestone—13 years of his dedicated and heartfelt service. For Dr. Peter, volunteering at the clinic is far more than an act of service; it reflects his deep belief that healthcare must reach those who are often left behind.

Dr. Peter's remarkable academic journey reflects his commitment to improving health and wellbeing. He obtained his medical degree from Manipal University in India and later pursued a Master's and Doctorate in Public Health from the University of Malaya. He also holds a Master in Medical Ethics and Law from King's College London, a Master in Acute Medicine from the University of South Wales, and a Graduate Certificate in One Health from Murdoch University. His diverse training equips him with a unique perspective on health equity, shaping both his professional work and community service.

At the heart of Dr. Peter's journey are the values instilled by his mother, whose deep love for charity work inspired him from a young age. Her example of selflessness continues to guide him, motivating his lifelong dedication to serving others.

During the weekdays, Dr. Peter contributes his expertise at the Health Transformation Office of the Ministry of Health. Yet every Saturday, he faithfully dedicates his time to Sentul Free Clinic of HOPE, providing care to patients who might otherwise struggle to access healthcare. He does this entirely on a voluntary basis, without any financial compensation—an act that reflects not only generosity, but a profound sense of responsibility to society.

Dr. Peter's story reminds us that true impact is often built through consistent acts of compassion over time. His unwavering commitment over the past 13 years continues to inspire all of us, demonstrating how one person's dedication can bring hope, dignity, and healing to many.



Dr. Ravi A/L Nadarajan

Nurturing a community that he considers his family

Since 2023, Dr. Ravi has been a beacon of hope at Sentul Free Clinic of HOPE, dedicating his life to the service of others. A proud graduate of the University of Malaya (UM) with an MBBS degree, he brings over 30 years of medical experience to his practice. His journey is not just about treating ailments; it's about nurturing a community that he considers his family.

Dr. Ravi is deeply grateful for the opportunity to work at Sentul Free Clinic of HOPE, where he can connect with patients on a personal level. He takes the time to understand their stories, challenges, and health needs, particularly focusing on those battling diabetes. Instead of merely prescribing medications, he emphasizes the importance of a holistic approach to health. He provides invaluable advice on diet and healthy lifestyle choices, empowering his patients to reclaim their health and wellbeing.

What sets Dr. Ravi apart is his genuine joy in his work. He believes that learning is a lifelong journey, and every day presents an opportunity to grow and improve as a doctor. His passion for medicine is matched only by his compassion for his patients, making him a cherished figure in the clinic.

Through his dedication, Dr. Ravi not only heals bodies but also uplifts spirits, reminding us of all the profound impact one individual can have on a community. His story is a testament to the power of service, compassion, and the belief that together, we can create a healthier, more supportive world.

EMOTION WELLNESS VULNERABLE



Being Authentic and Open

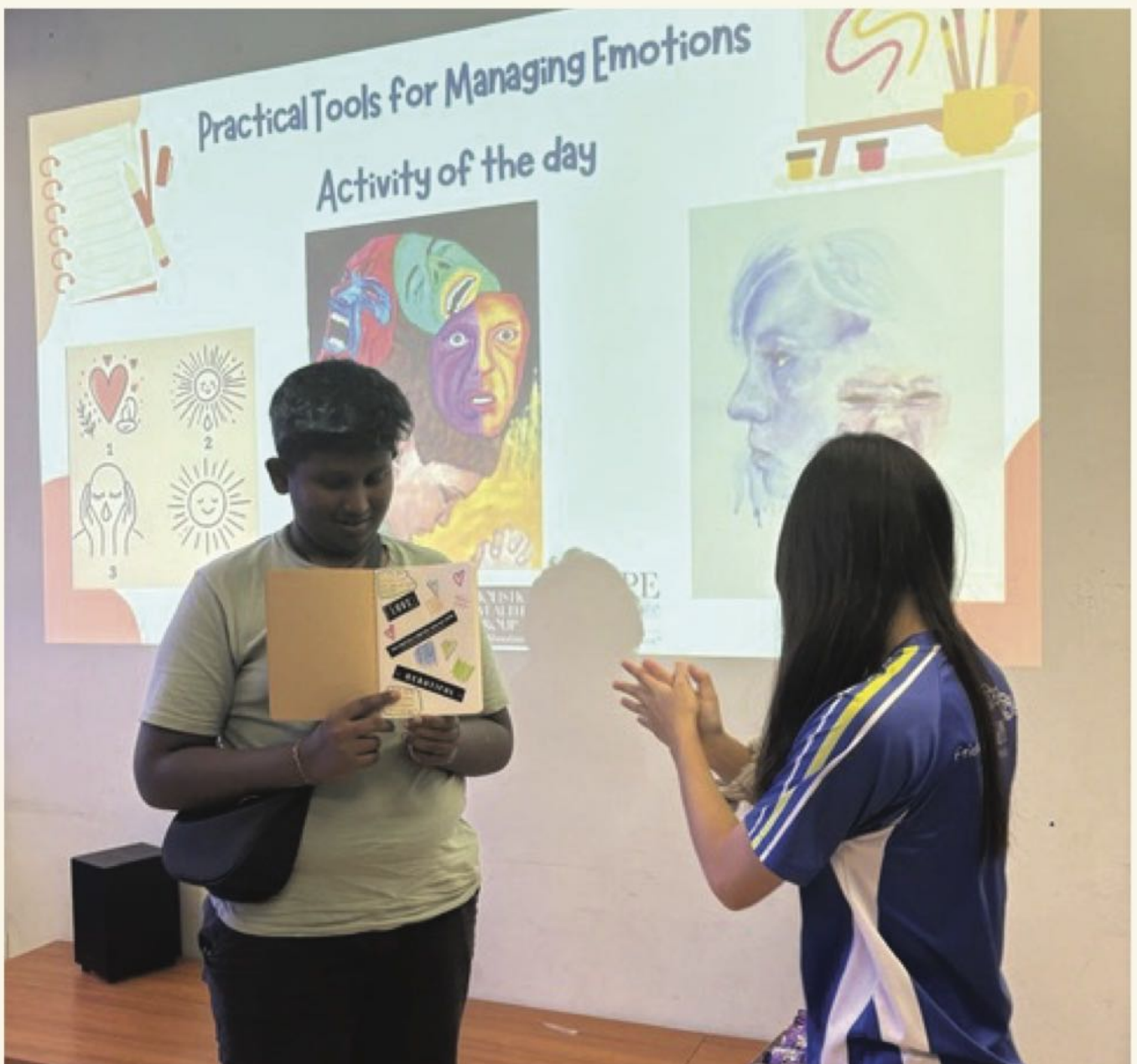
Participants reflected that being open about their feelings requires courage but leads to personal growth. They recognized that allowing themselves to be vulnerable and sharing their experiences can help build confidence and emotional strength.

Ways to Be More Authentic

Participants identified expressing their emotions more openly and practising sharing with trusted individuals as key steps. They noted that doing so can help them gradually face their fears and seek appropriate support.

MANAGING ANXIETY

Yougen and Movin shared that they are generally comfortable with presenting themselves in a certain way, recognising that being fully authentic may feel like a weakness and that it is not always appropriate to be open with everyone. However, they learned and shared that they can help manage anxiety by engaging in calming and self-soothing activities, such as getting adequate rest, listening to music, practicing meditation, journaling and using deep-breathing techniques.



ART THERAPEUTIC OUTING@ FRIM

I just wanted to share how much I absolutely enjoyed the session. In our busy schedules and sometimes stressful lives, it's so important to carve out time to relax. This program truly helped me feel calm and at ease and being surrounded by such beautiful natural scenery made it even more delightful. I especially loved the art activity! Thank you for the amazing experience! Bonding with my daughter is absolutely fantastic! It's such a rare treat for us to do activities together, and by joining this program, I get to spend quality time with my daughter and son too!

Thurga Devi



My child and I are very happy and enjoyed doing mental wellness art. It can relieve stress, and now my child has shown a little change. She is starting to listen to me a bit more than before. Thank you HOPE worldwide.

Jamiah

SAND PLAY EXPLORATION



After the sand play exploration session, I felt calmer and more relieved. Through the sand play process, I was able to express feelings and thoughts that were difficult to put into words. This session helped me understand myself better.

GK Veni

I simply shared whatever came to my mind at the time, and I truly did not expect teacher ST to so accurately express what was buried in my heart. Since losing my husband, I have been living in constant fear. Sand play is amazing and helped me to aware and release my fear.

Jamiah



After this exploration session, I am able to understand myself better. I would like to change myself and be less aggressive towards my children. Thank you.

Indumathy



CSR ENGAGEMENT & VOLUNTEERISM



STEAM Outreach Program

ARUP



Penang Orang Asli Outreach Program

Boston
Scientific
Advancing science for life™



"I Can Fly" Outreach Program

CATHAY



Food Distribution Program

CCAM
MAKING CONNECTIONS



School Sponsorship Program

CORTEVA
agriscience



Tees to Totes Program

DELL Technologies



Food Distribution Program



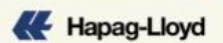
Sustainable Green Program



Hi-tea Christmas Celebration



Sustainable Green & Food Distribution Program



Mothers Mental Wellness & "R Youth OK" Program



Artspeak Reading Program & Food Distribution Program



CSR ENGAGEMENT & VOLUNTEERISM



Food Distribution Program



Food Distribution Program



Sustainable Green &
Food Distribution Program



Community & Volunteerism Program



Artspeak Reading Program



Artspeak Reading Program &
Food Distribution Program





Christmas Gift FR' with the Penang Chief Minister



Sustainable Green Program



Food Distribution Program



STEAM Robotic Program





Good Earth Run



ORGANIZED BY



2025

A green-themed fundraising event dedicated to sustaining and developing our Sustainable Green Program, Education and Mental Wellness Program. These initiatives aim to educate, train, and empower the B40 community in Malaysia, fostering sustainable skills and to "Inspire greater hope".



SPONSORED BY



OUR VOLUNTEERISM PROGRAMS



Community Outreach



Mentoring



GIVE ME FIVE

VOLUNTEERISM CAMPAIGN

**Pledge at least 5 hours a year
to be a volunteer with us!**

**Contact us today to find out more on how we make
volunteerism possible for you and your company**

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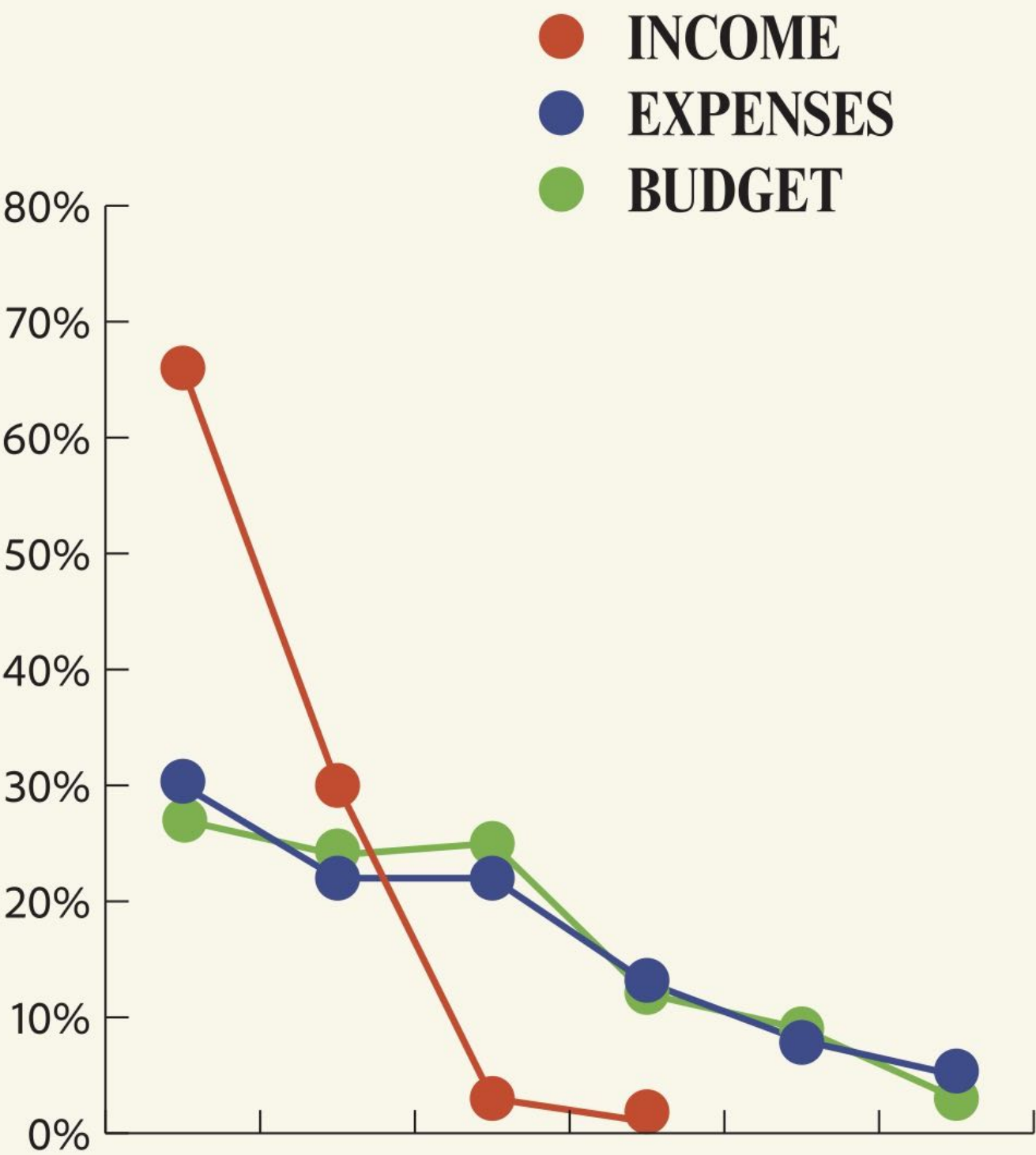
Gratitude



AGC Automotive Malaysia Sdn Bhd
 Autotech Support Sdn Bhd
 Bina Pakar Sdn Bhd
 Casaku Residence Sdn Bhd
 EBC Technology Malaysia Sdn Bhd
 EIST System Sdn Bhd
 Fan Lee Boey
 Franklin Templeton Asset Management (M) Sdn Bhd
 INTI International University and Colleges
 Jacqueline Evelyn Rodrigues
 Jerald Gomez
 Kayangan Kemas Sdn Bhd
 Kinery Advancement Berhad and its Group of Companies ("Kinery" or "the Group")
 KPMG Delivery Network T&L (Malaysia) Sdn Bhd
 KPMG PLT

Lang Education Sdn Bhd
 Loh Lean Lee
 Lysaght Galvanized Steel Bhd
 Makna Setia Sdn Bhd
 Motorola Solutions Malaysia Sdn Bhd
 Motorola Solutions Penang Staff
 Ong Eng Bin
 Persatuan Pergerakan Rohani Universal Baitiangong
 Perwakilan Tokyo
 Pintaras Jaya Berhad
 RGB Sdn Bhd
 Siew Koon Thai
 TechnologyOne
 Tenaga Nasional Berhad
 Yap Chin Gum
 Yaqar Creations Sdn Bhd

FINANCIAL HIGHLIGHTS



INCOME FOR 2025

RM 1,686,536.00

INCOME

● Corporate	66%
● Public	30%
● Others	3%
● Member	1%

EXPENSES FOR 2025

RM 1,785,155.00

EXPENSES

● Education	22%
● Health	22%
● Food Nutrition	30%
● Fundraising	13%
● Administration	8%
● Communication	5%

BUDGET FOR 2026

RM 1,923,627.00

BUDGET

● Education	27%
● Health	24%
● Food Nutrition	25%
● Fundraising	9%
● Administration	12%
● Communication	3%



**In 2026 we need to
raise RM160,302 per
month to support our
programs nationwide**

1

RM90

1 child receives healthcare

2

RM300

2 families receive
monthly groceries

3

RM900

3 children purchase
school supplies

4

RM9200

Free clinic's 1 month
operation cost

5

**Be a Monthly
Donor**

Come and pledge to be our
RM50 credit card monthly
donor to inspire greater
hope in many lives

6

Scan & Donate

All donations are in favour of
"Persatuan Kebajikan HOPE worldwide Malaysia"
CIMB Bank 8600060511



All donations are tax exempted under the subsection 44(6), Income Tax Act 1967

A bouquet of light orange carnations is shown in a soft-focus background. The flowers are in various stages of bloom, with some showing more detail than others. The overall tone is warm and gentle, with a light beige or cream color palette.

*Gift
of*
Hope



Inspire greater hope.™

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